

Neurodiversity-Affirming Relational Practice: Resources

June 9, 2022

✚ Autistic Community Resources

- ✚ A4A Ontario: <https://a4aontario.com/>
- ✚ Amythest Schaber: <https://www.youtube.com/c/neurowonderful>
- ✚ Autistamatic: <https://www.youtube.com/c/Autistamatic>
- ✚ Autistic Women & Nonbinary Network (AWN): <https://awnnetwork.org/>
- ✚ Autistic Self Advocacy Network (ASAN): <https://autisticadvocacy.org/>
- ✚ Lydia X.Z. Brown: <https://autistichoya.net/bio/>
- ✚ Neurodivergent Rebel: <https://neurodivergentrebel.com/>
- ✚ NeuroClastic: <https://neuroclastic.com/>

Advocacy Against Ableism

- ✚ Alliance Against Seclusion and Restraint: <https://endseclusion.org/>
- ✚ In the Loop About Neurodiversity: "THE ABLEIST HISTORY OF THE PUZZLE PIECE SYMBOL FOR AUTISM": <https://intheloopaboutneurodiversity.wordpress.com/2019/03/20/the-ableist-history-of-the-puzzle-piece-symbol-for-autism/>
- ✚ Doodle Beth: <https://doodlebeth.com/why-i-dont-use-the-puzzle-piece/>
- ✚ Parenting Autistic Children with Love and Acceptance. (2015). What's The Problem with Whole Body Listening? <https://autloveaccept.wordpress.com/2015/03/25/whats-the-problem-with-whole-body-listening/?fbclid=IwAR1v0fJ3xXJclC8Ez2xmSTb1oIRRhYevmbd5i1LROCE4RwRgyf4ma-GmsS0>
- ✚ Stop ABA, Support Autistics: <https://stopabasupportautistics.home.blog/2019/08/11/the-great-big-aba-opposition-resource-list/>

Definitions of Autistic Experiences

- ✚ Autcollab. (2022). A communal definition of Autistic ways of being: <https://autcollab.org/projects/a-communal-definition-of-autism/>
- ✚ Neuroclastic. (2022). My Brain is Autistic: A Neuroinclusive Story. <https://neuroclastic.com/wp-content/uploads/2022/04/Brain-is-autistic-neuroinclusive-story.pdf>
- ✚ Rebecca Burgess. (2022). Understanding the Spectrum. <https://the-art-of-autism.com/understanding-the-spectrum-a-comic-strip-explanation/>

Identity-first Language

- ✚ Autistic Hoya. (2011). By Lydia X.Z. Brown. <https://www.autistichoya.com/2011/08/significance-of-semantics-person-first.html>
- ✚ Choosing Words for Talking About Disability: <https://www.apa.org/pi/disability/resources/choosing-words#>
- ✚ Doodle Beth: <https://doodlebeth.com/identity-first-language/>

Models of Disability

- ✚ NeuroDiverCity. (2017). Medical Model and Social Model of Disability: <https://www.neurodivercitysg.com/medical-model-vs-social-model.html>
- ✚ The National Disability Arts Collection & Archive. (2017). Social Model of Disability. https://www.youtube.com/watch?v=24KE_OCKMw&t=1s

Neurodiversity Resources

- ✚ Autistic Community and the Neurodiversity Movement. (2020). <https://link.springer.com/book/10.1007/978-981-13-8437-0>
- ✚ Judy Singer: Meet Judy Singer a Neurodiversity Pioneer: <http://www.myspectrumsuite.com/meet-judy-singer/>
- ✚ Neuroqueer: The Writings of Dr. Nick Walker: <https://neuroqueer.com/neurodiversity-terms-and-definitions/>

Nonspeaking Autistic Voices

- ✚ Communication First. (2021). LISTEN Movie. <https://www.youtube.com/watch?v=H7dca7U7GI8>
- ✚ Damon Kirsebom. (2021). Reframing Severe Autism. https://www.youtube.com/watch?v=CtK9paFGUjc&feature=emb_logo
- ✚ Deej. Film. <https://www.deejmovie.com/>
- ✚ Ido in Autismland: <http://idoinautismland.com/>
- ✚ International Association for Spelling as Communication. <https://i-asc.org/>
- ✚ Leaders Around Me: Autobiographies of Autistics who Type, Point, and Spell to Communicate (Paperback). <https://www.odysseybks.com/book/9781791505950>
- ✚ Mel Baggs. (2007). In My Language. <http://www.interactingwithautism.com/section/understanding/media/representations/details/12>
- ✚ The Reason I Jump. Film. <https://thereasonijumpfilm.com/>

Recommended Books & Guides by Autistic Authors

- ✚ All the Weight of Our Dreams: On Living Racialized Autism (2017). <https://autismandrace.com/all-the-weight-of-our-dreams-anthology/>
- ✚ An Autistic Parenting Guide by an Autistic Parent: "Autism, Moon". (2021). <https://www.youtube.com/watch?v=EdFfVggXYo>
- ✚ Sincerely, Your Autistic Child. (2021). <https://awnnetwork.org/publications/>
- ✚ Start Here: a guide for parents of autistic kids. (2021). <https://autisticadvocacy.org/book/start-here/>

ND-Affirming Relational Practice Resource List

- ✚ Anne Borden and Raya Shields. (2020). Autistic Peer Mentorship: <https://thinkingautismguide.com/2020/03/i-think-we-all-need-people-in-our-lives.html>
- ✚ Autism Level Up: <https://autismlevelup.com/>
- ✚ Foundations for Divergent Minds: <https://www.divergentminds.org/>
- ✚ Lisa Spencer. (2019). Internal Dialogues of Miscommunication: <https://cyc-net.org/cyc-online/apr2019.pdf#page=65>
- ✚ Nancy Getty. Autistic CYC-Net Speaker: <https://www.aspergerrus.com/>
- ✚ Therapist Neurodiversity Collective: <https://therapistndc.org/>
- ✚ Yvonne Bristow. (2017). Biding and Autism: <https://cyc-net.org/cyc-online/aug2017.pdf#p=18>

Relational Practice & Polyvagal Resources

- ✚ Brain Frame Kids: Emotions in the Brain: <https://www.brainframe-kids.com/emotions/facts-brain.htm>
- ✚ Deb Dana: <https://www.rhythmofregulation.com/>
- ✚ Helen Townsend. (2017). What survival looks like in School: <http://www.innerworldwork.co.uk/wp-content/uploads/2017/04/Survival-In-School-PDF.pdf?fbclid=IwAR2kWo0tKbKIBGODMIWoh1c4r5IOBaOUp2OcFDMdkemLMvnON0a-4Cs4nSQ>
- ✚ Lori Desautels Revelations in Education: <https://revelationsineducation.com/6813-2/?v=4096ee8eef7d>
- ✚ Metro Nashville Public Schools: Flipping Your Lid & Getting Back in Control: https://www.youtube.com/watch?v=zJqH_Ogxle0
- ✚ Mona Delahooke: <https://monadelahooke.com/>
- ✚ Stephen Porges: <https://www.stephenporges.com/>
- ✚ The 25 Characteristics of Child and Youth Care Revisited: <https://cyc-net.org/pdf/Characteristics%20of%20a%20Relational%20CYC%20Approach%20Revisited.pdf>
- ✚ Ventral Vibes Project: <https://awakening.com.au/lms/2021/08/24/ventral-vibes-project/>